

Applesauce

Prep Time: 15 mins

Cook Time: 10 mins

Ingredients:

- Apples! Any variety will do, although Ginger Gold or Golden Delicious are recommended, and the quantity is up to you.

Instructions: (See Video Above)

1. Peel and slice apples
2. Add to pot with a bit of water to prevent burning
3. Cook for 10 mins on medium heat
4. Mash with potato masher