



Butternut Squash Soup

Ingredients:

- 1 Tbsp Butter
- 1 Medium Onion, Roughly Chopped
- 2 Large Carrots, Peeled & Cut
- 1 Large Butternut Squash, Cubed
- 3-4 Cups Chicken Broth (Reduced Sodium)
- 2 tsp Thyme, Fresh or Dried
- ¼ tsp Pepper
- ½ tsp Salt