



Roasted Ambercup Squash

Prep Time: 10 minutes

Cook Time: 30-40 minutes

Servings: 6-8

Ingredients:

- 1 Ambercup Squash
- 2-3 tbsp of oil
- Fresh Ground Pepper to taste
- Coarse Salt- preferably flavored – to taste

Instructions:

1. Cut your squash in half and scoop out the insides.
2. Dice Squash into approximately 1 inch pieces
3. Toss pieces with oil
4. Gently turn the pieces about every 10 minutes.

5. Put on a baking sheet and sprinkle with salt and pepper
6. Bake for 40 minutes at 350 (or approx. 30 minutes in a convection oven)
7. Serve as a side dish